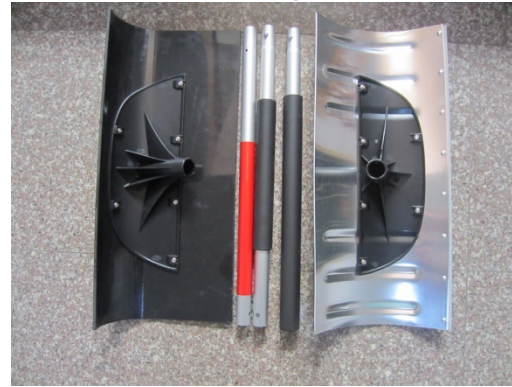


How to assemble your **PUSHEK™** : No tools required. ©2014





How to use your **PUSHEL**: Leg POWER! ©2014

1. Always warm up and stretch before going out to remove snow.
2. Dress warmly and in layers.
3. Wear slip-resistant and insulated footwear and insulated gloves.
4. Adjust telescopic handle for comfort and height.
5. Choose the plastic PUSHEL blade for lighter snow and softer surfaces.
6. Choose the aluminum PUSHEL blade for heavier snow, ice, and harder surfaces.
7. Put blade into contact with surface and snow.
8. Lean in slightly with both hands on telescopic handle.
9. Use leg muscles to propel body and PUSHEL blade forward.
10. Never lift snow with PUSHEL.
11. Remove falling snow in layers and often.
12. Avoid having falling snow pile up before removing.
13. Avoid extending arms to remove snow; always use leg power.
14. Remove snow away from body at a 45° angle. Make a "V" and push down towards edge.
15. Reduce mounds of snow or snowdrifts in layers.
16. Break up ice with corner of aluminum PUSHEL blade.
17. Rest often and return indoors as necessary.
18. Stay hydrated.
19. Remove a layer of clothing if you feel overheated.
20. Use in the spring, instead of shovel, to level or spread top soil, mulch, gravel or wet cement.
21. Use in the fall, instead of rake, to push mounds of leaves to the curb or to remove from lawn.